SPRING, 2023 LUNCH: 11 AM - 3:30 PM

Mains.

Served with Housemade Pickles	
Steak Sandwich Roast Beef, Cheddar, Caramelized Onions, Arugula, Horseradish Aioli on French Bread.	\$14
Buffalo Chicken Sandwich Roasted Chicken Thighs, Slaw, Pickles, Buffalo Sauce on French Bread.	\$13
Turkey Press Turkey, Bacon, Gruyere, Apples, Greens, Local VA Chutney on Sourdough.	\$13
Adult Grilled Cheese Melt Brie Spread, Provolone, Spinach & Local VA Chutney on Sourdough.	\$12
Roasted Eggplant Wrap Roasted Eggplant, Roasted Onions & Peppers, Mixed greens, Vegan chipotle Aioli *v *df	\$12
Farro Bowl Roasted Farro topped with Roasted Chickpeas, Candied carrots & Roasted broccolini dressed with Lemon Tahini Dressing *df *v	\$12
Seasonal Garden Salad Mixed Greens, Edamame, Arugula, Feta Cheese, Cucumbers, Tomatoes, Shaved Carrots, Radishes & Onions, dressed w/ Balsamic Honey Vinaigrette *df *v	\$13
BREAD: Sourdough, White, Wheat, French, Flow wrap, or Gluten free (\$3) ADD-ONS: Avocado \$3, bacon \$4, Turkey or H	
Beef \$6. *gf = gluten free * *df = dairy free *v = vega	n

AM Snacks.

Starts at 10am while supplies last. Weekends Only

Breakfast Sandwich	\$
Bacon, Egg and cheddar on a Whole Wheat English Muffin	
Yogart Parfait	\$
Local VA Granola, vanilla yogurt, and berries drizzled with a little honey	
Appetizers.	

Bashir VA Ham & Biscuits Bashir ham, cheddar chive biscuits, Local VA Chutney	\$15
Roasted Garlic Hummus homemade hummus, carrot sticks, celery sticks, cucumber slices, red pepper strips, and pita points	\$12
Cream Cheese Herb Dip Creamy herb dip with carrot sticks, celery sticks, broccoli spears, red pepper strips	\$12

Sides.

Soup du Jour	sm \$6/lg \$8
Beef Chili	sm \$8/lg \$10
Beet Salad	sm \$7/lg \$9
Garden Salad	\$8
Cheddar Chive Biscuits 2	ea \$6
Housemade Pickles	\$4

Kids.

Served on White Bread with a Side of Chips Strawberry or Grape Jam (VA)

Grilled Cheese	\$8
Turkey & Cheese	\$8
Peanutbutter & Jelly	\$8
Peanutbutter & Banana	\$8

SPRING, 2023 BEVERAGES & EXTRAS

Non-Alcoholic.

Grelen Grinds Coffee

Edna Lewis Dessert	\$8
Grelen Scone (flavors rotate) Grelen Choc Molasses Cookie \$	\$4 3.25/6
Baked Goods.	
Kids Apple Juice	\$3
Kids Milk Regular or Chocolate	\$3.5
Large	\$4
VA Water Small	\$2.5
Kombucha Ginger, Black Raspberry, Wild Pear, or Elderberry Sunrise	\$4.5
Boylan Soda Root Beer, Creme Soda, Creamy Red Birch Beer, Cane Cola, Diet Cola, Ginger Ale, Orange Soda, Lemon Seltz & Black Cherry Soda	\$3 zer
Greenberry's Nitro Cold Brew Mocha & Honey Vanilla; VA Made	\$4.99
Hot Tea Teatulia	\$3
Large bag (1 pound)	\$16.50
Individual Bag	\$3
Cup (regular or decaf)	\$3
Fairly Traded, Roasted in Oarnge Cou	nfy, VA

Hot Biscuit, split, buttered, & Sugared, with Fresh Strawberries & Whipped Cream

Snacks.

Rt. 11 Chips (VA)	\$3
Regular Salt	
BBQ	
Dill Pickle Salt & Vinegar	
Sour Cream & Chive	
Cheddar Cheese Straws (VA)	\$8.99
Regular & Jalapeno	
Local VA Nuts (3 or 9 oz.)	\$3 - 16
A Variety of Types	
Sweets.	
Caramels (VA) (pack of 4)	\$4.99
Lavendar & Honey	Ψ-1.77
Fleur de Sel	
Double Espresso	
Shortbread (VA)	\$10.99
Salted Rosemary	Q10.77
Grelen Ice Cream.	
One Scoop	\$4
Two Scoops	\$7
Flight	\$12
Pint	\$9.99
Ice Cream Sandwich	\$10
Grelen Ice Cream in between 2 Housemade Molasses Cookies	

Affogato Grelen Grinds coffee poured over Grelen Ice Cream \$8