

Fall

2025 MENU

The Market at Grelen

Shop 10 am - 4 pm ; Lunch 11 am - 3:30 pm

SIDES & STARTERS

Soup of the Day

w/ parmesan breadsticks

Small \$6; Large \$8.50

Side House Salad

Mixed spring greens, seasonal vegetables w/
herb vinaigrette \$5 DF, GF, V

Side Beet Salad

Red & Yellow beets, diced Asian pear, pickled
shallot, grainy mustard vinaigrette, \$6 GF, DF

Fresh Corn & Cheese Tamales

Fresh corn, goat & cheddar cheeses, citrus
red cabbage slaw and spicy tomato sauce
(served on the side) GF, \$13

Caramelized Onion Dip

Served with potato chips and vegetables.

Slow-cooked onions, sour cream, cream cheese &
spices. GF \$9.00

Pimento Cheese

Sharp cheddar cheese, mayo, pimentos, sour cream,
lemon juice, Worcestershire sauce, smoked paprika,
pepper, salt GF w/ Crostini; \$7.50; Add \$2 for Veggies

SANDWICHES & SALADS

The Dogwood*

A Panini with Local turkey breast,
fig chutney, havarti, baby arugula,
sliced sourdough \$15

The Italian*

Italian sandwich—sliced ham, soppressata,
salami, and asiago cheese, spinach-basil
pesto, roasted peppers, ciabatta roll, \$15

The Autumn Wrap*

Your choice of grilled flank steak or grilled
chicken breast with crumbled feta & cotija
cheeses, creamy tomato dressing, diced
cucumber*, and mixed greens on a flour
tortilla \$15/\$13

Add-ons: Bacon \$4, Turkey \$3, Sliced Steak \$5, Avocado \$2, Hard-Boiled Egg \$1;

*Wheat Bread Available; Substitute gluten free bread for \$1.50

The Adult Grilled Cheese

Tillamook sharp cheddar, Havarti, peach-apricot jam, baby
arugula served on Sour dough bread \$12

Butternut-Apple Salad*

Roasted Butternut squash*, Fuji apples, French lentils,
crispy onions, mixed greens, sherry vinaigrette \$13 GFO,
DFO

Golden Harvest Salmon Salad*

Grilled salmon, diced potatoes*, baby green beans*,
croutons, mixed greens, creamy lemon dressing \$14.50
GFO, DFO

KIDS & SNACKS

Kids' Grilled Cheese

Cheddar Cheese on white bread w/ chips \$8

Kids' Peanut Butter & Jelly

PB & jelly (strawberry or grape) on white bread
w/ chips \$6

Rt. 11 Potato Chips*

BBQ, Dill Pickle, Lightly Salted, Salt & Pepper,
Salt & Vinegar, Sour Cream & Chive \$3

*Grelen Grown ; GG = also available in grab & go inside

V = vegan, DF = dairy free, GF = gluten free DFO = dairy free option, GFO = gluten free option

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

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DESSERTS & TREATS

Grelen Ice cream - flavors rotate weekly

Made on property often using local ingredients

Single \$4

Double \$7

Ice Cream Sandwich \$7

Pint \$9.99

Flight (a mini scoop of 6 flavors) \$14.99

Grelen Cookies

Chocolate chip, molasses or oatmeal coconut

\$2.50, 2-pack \$4.75

Scone of the Day

\$3.50

GRAB & GO*

Grab & Go offerings available inside the shop (on the cafe side)

In a lunch rush? Don't want to wait in line?

Lunch options available inside on busy weekends

Dinner Plans?

Grab & Go some of Chef Paul's popular soup

Available in pints & quarts

Salads available "to go," too!

Please just ask if you don't see them in the case

**Grab & Go items vary and are available while supplies last*

NON-ALCOHOLIC BEVERAGES

Grelen Grinds Drip Coffee | \$3.85

Grelen's proprietary blend locally Roasted by Orange Roasters

Unsweet Iced Tea | \$3

Homemade Lemonade | \$4.50

Arnold Palmer | \$4.50

Hot Tea (Teatulia) | \$3

Affogato | \$8

Grelen grinds coffee poured over Grelen ice cream

Greenberry's Nitro Coldbrew | 11 oz can | \$5.50

Honey Vanilla, Mocha

Better Mocktails | 12 oz can | \$5

Elderberry Gin & Tonic

Rosemary Grapefruit Paloma

VA Bottled Water

Small | \$3

Large | \$4.50

Navy Hill Mixers/Mocktails

Blood Orange Soda \$3

Ginger Beer Soda \$3

Grapefruit Soda \$3

Blue Ridge Bucha | 12 oz bottle | \$5.50

Black Raspberry, Elderberry Lime, Original Ginger, Wild Pear, Pineapple Peak

Athletic Brewing Company | 12 oz can | \$6

Free Wave IPA, Athletic Light

Arizona Tea | 22 oz can | \$3.50

Arnold Palmer Lite, Green Tea/Ginseng, Lemon

Boylan Soda | 12 oz Bottle | \$3.25

Black Cherry, Cane Cola, Creme Soda, Diet Cola, Ginger Ale, Lemon Seltzer, Orange Soda, Root Beer

Kids Drinks

White or Chocolate Milk | \$4

Apple Juice | \$3